



## WADARI SPA

Organic therapies, limited-edition product lines, seasonal treatments - ever changing and rhythm with the climate, temperature and beauty of Bali. Our Spa team trains under the guidance of certified massages therapist. Ingredients used in the treatments are pure and natural. Please refer to the accompanying Spa menu for all full lists of treatments. Open Daily 09.00am – 09.00pm

### Menu & Price List Wadari SPA

#### *Balinese Traditional Massage*

**60 minutes IDR 355,000,- / 90 minutes IDR 380,000,-**

This traditional treatment already practiced among Balinese people for thousand years. Start with foot ritual, your feet and lower leg will be cleaned with flower and peppermint water, then scrubbed with sea salt. After foot ritual the treatment will continue to full body massage uses the technique of long kneading stocker, sliding and palm pressure that is believed to relax and harmonize the body mind and soul.

#### *Hot Stone Massage*

**90 minutes IDR 450,000,-**

The treatment was originally developed by American Indians to reduce tension, melt deep-seated tautness and leave one with profound sense of relaxation. The warm stone will be placed and massage in your back, leg, arm, stomach, and in the consent area to reduce muscular tension and increase blood circulation.

The treatment using the combination of Balinese and Hawaiian technique.

#### *Aromatherapy Massage*

**60 minutes IDR 335,000,- / 90 minutes IDR 385,000,-**

A gentle full body massage with your choice of aroma therapy oils, to provide relaxation and rejuvenation. Soak in a floral bath at the end of the holistic treatment.

#### *Herbal Facial*

**60 minutes IDR 350,000,-**

A relaxing facial using a natural product such as honey, hazelnut, yoghurt, and cucumber with a pressure point massage for neck and shoulders.

All the above prices are per person and subjected to 21% government tax and service charge



### *Balinese Lulur*

**90 minutes IDR 385,000,-**

A traditional body massage using “*boreh*” herbs to relieve upper body stress and tension. The “*boreh*” scrub is combination of hand crushed spices applied to the shoulders, back and legs to relieve aching muscles and joints as well as headaches.

Soak in a floral bath at the end of the treatment.

### *Mandi Lulur Floral Bath*

**90 minutes IDR 380,000**

Lulur, Javanese herb for coating the skin is a famous beauty treatment and one of the most pampering offered in our spa. Originating as a Javanese Royal treatment in the 17<sup>th</sup> century it combines an aromatherapy massage, body scrub and relaxing floral bath.

### *Coffee Lover Spa Experience*

**105 minutes IDR 480,000,-**

A traditional body massage which combines coffee and spice. Scrub to relieve stress and permeate the sense with the aroma of coffee. Soak in a bath of herbal essences to complete the experience.

### *Reflexology Foot and Hand*

**60 minutes IDR 325,000,-**

A powerful way to balance the body and articulate the body’s natural healing. This ancient Chinese technique is very effective to release the toxic, reduce tension, and increase blood circulation.

### *Herbal Back Massage*

**60 minutes IDR 325,000,-**

An acupressure massage for the back, neck, shoulders, and arms using lulur herbs to relieve upper body stress and tension.

### *Manicure & Pedicure*

**60 minutes IDR 200,000,-**

Includes a hand / foot bath, trimming, grooming, nail polish, and a relaxing hand and lower arm massage / foot and lower leg massage.

All the above prices are per person and subjected to 21% government tax and service charge